

CORE VALUE 5 : Sports and Play

Developing children's body and kinesthetic movements with professional athletes



Sports

Japanese champion
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Professional athletes
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Physical education



Our sports classes are all taught by professional athletes, including Japan's top track and field runner and J-League soccer player. In these classes, children not only learn technical skills from the best athletes, but also the inherent joy and excitement of using their bodies.

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Children learn running techniques from a top track and field athlete. Soccer is taught by a professional soccer player. Children are able to enjoy moving their bodies and competing through games with these professional athletes. We have family sports day every year where the entire family can cheer for each other and enjoy sports activities. Children are also able to participate in marathon running every year where they set personal goals and strive to reach it.

